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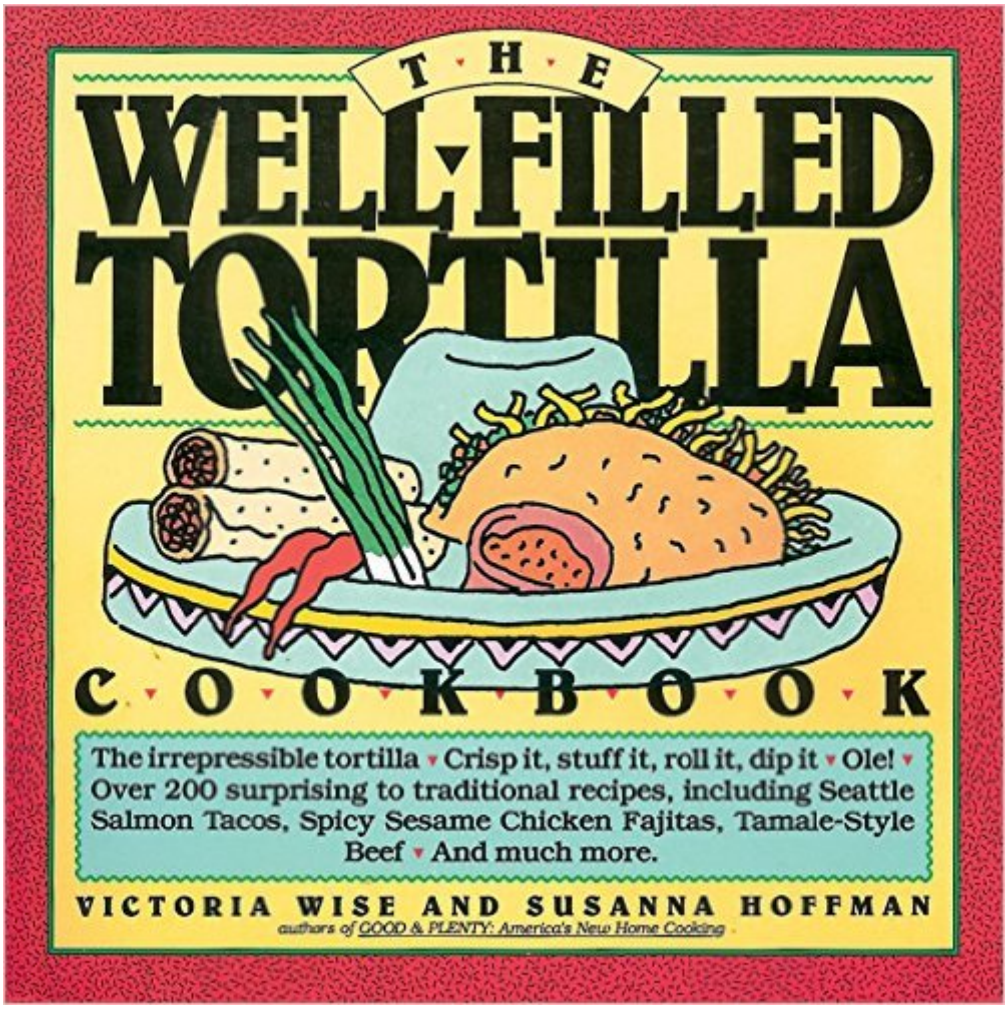
The Well-Filled Tortilla Cookbook



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Synopsis

Like a blank canvas but much tastier, the ubiquitous corn or flour tortilla is the perfect vehicle for every sort of food. And taco-making-the art of filling tortillas with dozens of zesty and unexpected concoctions-turns the ordinary into the irrepressible.Victoria Wise and Susanna Hoffman, both life-long tortilla aficionados, fill them with Fiesta Ground Beef, Chicken Mole, Spicy Shrimp Salad, Green Olive Cilantro Salsa Ancho Chili Sauce, Pear Lime Salsa, and much more.Here are over 200 recipes for well-filled tortillas. Tacos from around the world-Portuguese-style Grilled Fish Taco, Oriental Stir-Fry Beef Taco, Thai-Style Shrimp Taco, add variety to the spice of such Cal-Mex favorites as Basic Beef Fajita Taco, Black Bean Taco, Chorizo Taco, Snapper Vera Cruz Taco, and Taco de Carnitas. Dessert tacos and tostada sundaes bring the most festive food into the most festive course.Whether store-bought or home-pressed (the recipes are here, for corn and flour), a stack of tortillas means delicious, down-home, fun food for any occasion-to eat with your fingers in messy splendor. Selection of the Book-of-the-Month Club's The Good Cook Club. 250,000 copies in print.

Book Information

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Customer Reviews

I bought this book in a used bookstore after looking through it and deciding it would be a good fit for my family. We all like tortillas and we frequently make variations of burritos and soft tacos, so I looked to this title to give us all some fresh ideas. I have not been disappointed, though there are a few minor points that deserve mention.The title fo this book says it all - the well *filled* tortilla. The emphasis of this book is not how to make the perfect tortilla or how to make 20 variations on beef

and bean burritos. It instead emphasizes the varieties of fillings to go in a soft tortilla. This is fine with me, though I would have liked a little more instruction on how to make tortillas, both flour and corn. There are recipes in this book for such but in over 200 pages these are covered in a page or so each. I was surprised to find instructions on making corn tortilla chips and regard that as a bonus but this is not the emphasis of the book.This book has 5 main sections, each broken down into subsections. The main sections are Tortillas, Salads & Toppings, Fillings, Side Salads and finally Tortilla Desserts. All of these are logical divisions, but the biggest of these sections, and the main focus of this book, is the fillings section.The fillings section is broken down into 13 sections that cover a variety of topics including meats (beef, pork and poultry among them, all covered separately), egg fillings, vegetable fillings, seafood and more. Essentially, any type of filling you might want is probably covered in this book.

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